



THE TAUTOKO RANGATAHI Times

We're already over half way through our first Cohort in 2019, how did that happen?

This cohort, we have invited a whopping seven new children to our #BeFitKids program. We've been at full class capacity of 18 since this cohort began. It's so nice to see the demand in our program increase and so many of our youth setting some amazing challenges to become better versions of themselves.

We said farewell to several of our #BeFitKids at the end of Cohort 4 2018, each of them have set off on new adventures. We wish you all the best of luck for your future, and hope you don't forget us in a hurry!

2018 Prizegiving

On Friday the 14th December, we held an end of year fun night at the Hawera Aquatic Centre. This included a little prizegiving ceremony for the #BeFitKids and a BBQ. All of the participants in our program performed amazingly well throughout the year, and each of them deserve a massive applause!

We awarded four #BeFitKids with small trophies for outstanding effort throughout the year in four categories. They were awarded as follows:

Best Attendee 2018 - Zavier Graham
Most Improved 2018 - Riley-Jay Wright
Most Enthusiastic 2018 - Laela Maeda
Star Performer 2018 - Hone-Rata Hepi-Puke

We also issued small tokens of appreciation to our 2018 #BeFitKids Coaches, BB and JB, for their amazing support and encouragement of the #BeFitKids throughout the year.

End of Cohort 1 Fun Night

While the weather is still holding up, we have decided that with all the Hawera Aquatic Centre has on offer, we will again be finishing this Cohort with another pool fun night for the #BeFitKids. There won't be a BBQ or any real structured activity as such, just an opportunity to have fun with one another, and celebrate the end of another Cohort of hard work.

This will be held on the last night of the Cohort, Friday 12th April from 4pm-6pm. Tautoko Rangatahi Trust will cover the #BeFitKids pool entry fees. There will be adult supervision for the kids from 4pm-6pm, please organise transportation for your #BeFitKid to and from the pool on this date.

Fundraisers

Currently, we have nothing finalised at this point for upcoming fundraisers, but we do have some concepts in the pipe-line. We will advise of any progress on these through our Facebook page and flyers as information becomes available.

#BeFitKids March Athlete Profile

Name: Riley-Jay

Age: 13

How long have you been a part of the #BeFitKids: 3 Cohorts

Reason for joining the #BeFitKids:

My friends convinced me to join. I had no idea what it was but loved it the first time I walked in

What have you gained from the #BeFitKids Program:

A lot more strength and I have become more fit to do more sports at school

What's your proudest moment as a #BeFitKid:

Getting a trophy for most improved and proud about the things I can do now that I couldn't before I joined

Photo 1: Riley-Jay

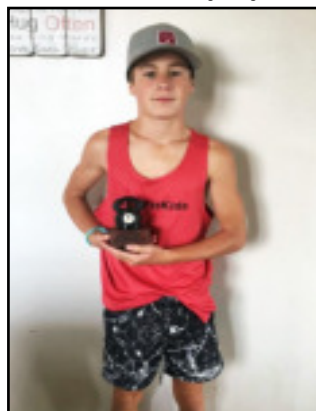


Photo 2: End of Cohort 4 - Pool Fun



A HUGE THANK YOU TO OUR COHORT 1 SPONSORS



UPCOMING EVENTS:

#BeFitKids Classes - Every
Monday, Wednesday and
Friday during the school
term, 4pm - 5pm

End of Cohort 1 2019

Fun Night

12th April 4pm-6pm

Hawera Aquatic Centre

End Cohort 1 2019

12th April 2019

Start Cohort 2 2019

29th April 2019

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Easter Egg HUNT

Get active with your family!

Collect an orienteering map, complete the course together and then collect your easter eggs!

And for those competitive families theres a special easter hamper for the fastest team of the day



\$20 a family

(Up to 3 children)
\$5 an extra child

Where: Start and finish at Hawera Water Tower

When: Anytime between 10am-2pm

Sunday 7th April

BBQ - sausage sizzle available



Support our crossfit team #saltandpepper